# **Emergency Kits & Earthquake Safety**



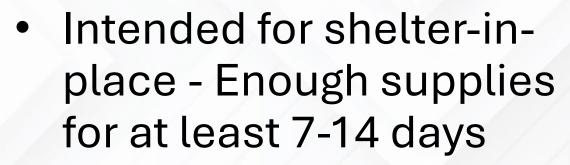
- How to Build an Emergency Kit to Fit Your Needs
- What to Do During an Earthquake

# Types of Emergency Kits

### **To-Go Kits**

- Intended for grab-and-go
- Enough supplies for at least 72 hours (3 days)
- Have at least one per person
- Use a backpack, duffle bag, rolling suitcase etc.

# **Stay Boxes**



- Have at least one per household
- Use rolling totes, extra supplies in pantry, camping equipment, etc.



## The Basics



1. Food & Can Opener



2. Water



3. Hygiene Items



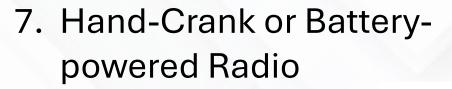
4. First Aid Kit & Prescriptions

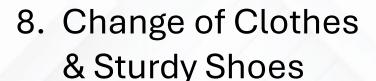


5. Safety Whistle & Personal **Protective Equipment** 



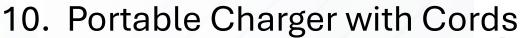
6. Flashlight with Extra **Batteries** 







9. Cash - Small Bills \$1's and \$5's















# **Enhancing Your Kit**

After you've got the basics, consider adding these:

- Fire Extinguisher
- Ponchos/Rain Gear



- Emergency Blanket
- Map
- Extra Set of Keys





- Multi-purpose Tool X
- Utility Shutoff Tool
- Two-way Radios



- Water Filter
- Generator
- Fire Escape Ladder



## **Customizing Your Kit**

### Children

- Babies may need extra supplies
  - Ex. Diapers, wipes, bottles, formula
- Include comfort items and games to keep children calm
- Include contact information for your children's school, doctor's office, and babysitter

### **Pets**

- Your pets are part of your family
- Make sure they have their own emergency kits
- Include: food, water, treats, sanitation supplies, crate, ID tags, collar, vet information, toys, and vaccination records

## Access/Functional Needs & Older Adults

- Include medications
  - Keep a list of prescription medications
  - Talk to your doctor about how you can create an emergency supply of medications
  - Have a cooler and ice packs available to chill medications that need to be refrigerated
- Include extra eyeglasses or contacts

- Include pen and paper to aid in communication with others
- If you use a mobility aid:
  - Have extra batteries
  - Have extra mobility aids
  - Keep a portable air pump for wheelchair tires
- Communicate with your neighbors who can assist you in the event of an evacuation

## Where to Have Your Kits

### Home

- 72-hour Kit
- Stay Box
- Under-the-Bed Kit

### Car

- 72-hour Kit
- Jumper Cables
- Chains (for snow travel)
- Road Flares
- Mylar Blankets
- Phone Charging Cable
- Flashlight





- 72-hour Kit
- Flashlight & Batteries
- First Aid Kit
- Food & Water
- Whistle



# **Checking & Refreshing Your Kit**

- 1-2 times per year
- Suggested times:
  - January- new year, new start, new emergency supplies!
  - Daylight Savings Time (Spring/Fall) change your clocks, change your emergency supplies!
  - September is National Preparedness Month.
  - o October is Great ShakeOut earthquake drill.
  - November Black Friday Deals



## **Budget Friendly Tips**

- You can build your emergency kits over time.
- Community events and discount stores are great places to get emergency supplies for your kits.
- Have kids? If you replace their backpack yearly, use the old one for their emergency kits.
- Don't just think about what is in your kit, think about who is part of your support network that can help you get what you need.

# **Earthquake Preparedness Actions**

- Practice protecting yourself during an earthquake, with family & coworkers.
- Make an Emergency Plan: Create a family emergency communications plan. Make a supply kit that includes enough food and water for at least 3 days (72 hours), a flashlight, fire extinguisher, and a whistle.
- Protect Your Home:
  Secure heavy items in your home like bookcases, refrigerators, water heaters, televisions and objects that hang on walls. Store heavy and breakable objects on low shelves.



# Stay Safe During an Earthquake

- If you are in a car, pull over and stop. Set your parking break.
- If you are in bed, turn face down and cover your head and neck with a pillow.
- If you are outdoors, stay outdoors and away from buildings.
- If you are inside, stay and do not run outside and avoid doorways.



# **City Emergency Tips**

**Emergency Alert** 

Alert Center E-notify

Family Preparedness

Pet Preparedness

Preparedness Tips

**Downed Power Lines** 

Earthquake

Extreme Heat

Fire

Flood

Gas Leak

Hazardous Materials Accidents

**High Wind Warning** 

**Power Outage** 

Storm Preparedness

Wildfire

Internal Preparedness

Emergency Operations Plan (EOP)

Local Hazard Mitigation Plan (LHMP)

**Homeland Security** 

Resources

Home > Residents > Emergency Management

#### **Emergency Management**

The purpose of the Emergency Management Program is to enhance the City's ability to respond to and recover from the effects of natural or man-made disasters; to administer the Federal and State Disaster Assistance Programs; and to serve as the liaison to these, and other agencies in San Bernardino County.

#### The Emergency Management Program provides the following:

- · Emergency preparedness training and information to City staff
- · Coordinates a community informational campaign regarding preparedness
- · Chino Hills Auxiliary Radio Team (CHART)
- · Plans and implements disaster drills in conjunction with other agencies
- · Maintains Emergency Operations Center (EOC) preparedness
- · Maintains emergency shelter, food, water, and equipment supplies

#### Know What to Do Before, During, and After an Emergency - Quick Links To Help

Perhaps the most important thing you can do is to sign up for City Emergency Alerts!

It is important that you prepare for ALL types of emergencies and know what to do to keep your family and you safe. Below are some helpful links to help you in your readiness efforts:

Wildfire Preparedness
Power Outage
Storm Preparedness
Flooding & Waste Tips
Resources

#### September is National Emergency Preparedness Month

During this month the City of Chino Hills focuses on readiness education and promoting family and community disaster planning. This nationwide coordinated effort is held each year to increase public awareness about the importance of preparing for emergencies and taking action. During this month and throughout the year, we urge all residents to enhance their knowledge of the proper safety measures to follow before, during, and after an emergency.

#### Contact Us

**Emergency Preparedness** 

#### Physical Address

14000 City Center Drive Chino Hills, CA 91709

Phone: 909-364-2610

#### **FAQs**

- Does the City have an Emergency Operations Plan (EOP)?
- Will the City take care of its residents in the event of a disaster?
- Where can I obtain emergency preparedness information?

www.chinohills.org/ EmergencyManagement

### **Other Resources**

- Build A Kit
   www.ready.gov/kit
- Prepare Your Pets for Disasters www.ready.gov/pets
- Older Adults
   www.ready.gov/older-adults
- Disabilities
   www.ready.gov/disability
- Preparedness Tips
   www.chinohills.org/Preparedness-Tips

# Thank you!

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