



LIFEGUARD/INSTRUCTOR

Class specifications are intended to present a description of the range of duties performed by the classification. Specifications are not intended to reflect all duties performed. Classifications will perform other related duties as assigned.

Definition:

Under supervision, this position performs swim instruction and monitors swimmers in and around the pool; enforces regulations; and performs related duties to ensure the safe use of the swimming facilities.

Classification Characteristics:

This is a part-time, at-will, seasonal position that receives supervision from a Community Services Coordinator, Aquatics Manager or Assistant Aquatics Manager.

Essential Functions:

- Teach swim strokes and water safety to different age groups and individuals with varying abilities.
- Supervise the activities of swimmers in and around the pool; ensure that policies, rules and regulations are observed and that no safety hazard is created.
- Warn swimmers of improper activities or dangers and enforce the observance of warnings.
- Administer first aid in the event of injuries.
- Rescue swimmers in distress or danger of drowning, administer CPR or other life-saving techniques.
- Complete incident reports in the case of an accident.
- Assist in group swimming lessons.
- Assist in opening and closing the pool facility.
- Respond to the public; answer inquiries and give information pertaining to the pool and swimming programs that are offered.
- Interact with co-workers at all levels of the City and the public in a collaborative and customer service-oriented manner.

Qualifications:

Knowledge of:

- Basic principles and techniques of lifeguarding, rescues, CPR methods and first aid.
- Techniques and methods of water safety and swim instruction.
- Methods for keeping water and surrounding areas safe for public use.
- Applicable safety precautions and procedures.
- Customer service techniques.

Ability to:

- Swim with proficiency and endurance.
- Organize, plan and implement daily lessons for instructing swimmers.
- Handle rescues and medical emergencies in a calm and effective manner; provide first aid and CPR as needed.
- Maintain facilities and equipment in a clean, safe and secure manner.
- Follow proper safety rules and procedures.

- Understand and follow written and oral instructions.
- Communicate clearly and concisely, both orally and in writing.
- Respond to inquiries and requests in a courteous manner.
- Establish and maintain cooperative working relationships with those contacted in the course of work, including City staff and the public.
- Maintain physical condition, audio-visual discrimination and perception and mental capacity appropriate to the working conditions and the performance of assigned duties and responsibilities.

Experience and Training: *Any combination of experience and training that would likely provide the required knowledge and abilities is qualifying. A typical way to obtain the knowledge and abilities would be:*

Experience:

Two years combined experience as a lifeguard, swim instructor or swim team member.

Training:

Equivalent to completion of the sophomore year of high school; if under age 18 and still in High School must have ability to obtain a work permit.,

License or Certificate:

- Possession of an American Red Cross First Aid Certificate for Infants/Adults.
- Possession of an American Red Cross CPR Certificate for Infants/Adults.
- Possession of an American Red Cross Lifeguard Training Certificate.
- Possession of an American Red Cross Water Safety Instructor (WSI) Certificate.

Working Conditions:

Work primarily in an outdoor environment including prolonged standing, walking, kneeling, crouching, squatting, stooping and bending; prolonged periods in the water, work on slippery and uneven surfaces; ability to lift and carry up to 25 pounds and move up to 100 pounds during rescues; may be exposed to chlorine and other pool chemicals; prolonged exposure to the sun; have mobility, acute vision, acute hearing and dexterity levels appropriate to the duties performed.