



Press Release

PR18 – 003

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HEALTHY HILLS HEALTH & WELLNESS FAIR JANUARY 26th

Chino Hills, CA – The City Chino Hills' Healthy Hills initiative is hosting the annual Health and Wellness Fair on Saturday, January 26, from 10:00 a.m. to 12:00 p.m. at the Chino Hills Community Center, 14250 Peyton Drive. The event is free and offers something for all ages. Local businesses and vendors who offer resources, programs, or partnerships that promote a healthy lifestyle will provide information about fitness, nutritional guidance, healthcare services and insurance, how to age well, financial health, and much more.

Vendor spaces are available and applications will be accepted until all spaces are filled. Interested vendors should visit www.chinohills.org/HealthFair for an application.

A variety of activities, demonstrations, and vendor booths will be stationed both inside and outside of the building. The City's Mobile Recreation van will be on site with free games and activities for children. Instructors from the City's Recreation programs will demonstrate how residents can have fun and be active by participating in local classes. Free health screenings include: blood pressure check, Body Mass Index testing, overall health screening, and a spinal check. Seniors can receive a Bone Density screening. For additional information, please visit www.chinohills.org/HealthFair, or call (909) 364-2733.

List of participating vendors: doTerra Essential Oils, Rodan + Fields, Korra Yoga, Arbonne, Juice Plus +Tower Garden, CVSUD Tobacco Use Prevention Education Grant, Mobile Recreation, Youth & Adult Sports, San Bernardino County 4th District Supervisor Curt Hagman, Chino Valley Fire District, Active Adults Programs, Chino Hills Police Department, water conservation, InterValley Health Plan, Center for Discovery, Your Dreams and Goals, Damsel in Defense/Safety Product, Dental Office (Soquel Canyon), Humana Health Plan, Anthem Blue Cross, Orangetheory Fitness, and Quynh Tran Optometry Inc.

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