



Press Release

PR17 – 132

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FREE FIRST DAY HIKE- JANUARY 1st

Chino Hills, CA – Start the New Year off right with an energizing hike! Healthy Hills is joining forces with Chino Hills State Park to offer a First Day Hike from 9:00 a.m. to noon on New Year's Day 2018. All ages and fitness levels will be able to explore Chino Hills State Park with knowledgeable State Park staff and volunteers. The event is free, but you must pre-register by December 31st at www.chinohills.org/HealthyHills. Registration will close when maximum capacity is reached. Parking will be \$5.

Hikers should meet at 4721 Sapphire Road at the Rolling M Ranch. The first 100 participants will receive a free backpack (limit 2 per household).

Chino Hills State Park is a gem right in Chino Hills' own backyard. There is no other State Park, in an urban area, where people can drive a short distance and be swept away with scenic vistas as they hike, bike, or ride a horse on over 90 miles of trails. At 14,102 acres, the Park is managed as an open space habitat where all plant and animal life is protected. Enjoy the beauty with the entire family and join the First Day Hike.

First Day Hikes are part of a nationwide initiative led by America's State Parks to encourage people to get outdoors. Hundreds of free, guided hikes are organized in all 50 states.

For more information, call (909) 364-2700.

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