

## Press Release

PR17 - 123

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## CITY BLOOD DRIVE DECEMBER 19<sup>th</sup>

Chino Hills, CA – Spread holiday cheer and give the gift of life. Participate in the City of Chino Hills' blood drive on Tuesday, December 19<sup>th</sup> from 1:00 to 6:00 p.m. at the Government Center parking lot located at 14077 Peyton Drive.

Blood donors must be at least 15 years old, weigh 110 pounds, and be in general good health. All minors (ages 15-17) must provide a completed parental consent form. Consent forms are available at <a href="https://www.lstream.org">www.lstream.org</a>.

Donors should drink plenty of decaffeinated liquids prior to donating blood and must present valid photo identification. Medical personnel will check your temperature, blood pressure, pulse, and iron level. If you meet eligibility requirements, about one pint of blood will be collected. Call (800) 879-4484 to reserve a time or walk-ins are welcome.

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