

PR17 - 094

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DATE: October 3, 2017

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GREAT CALIFORNIA SHAKEOUT TO BE HELD OCTOBER 19TH

Chino Hills, CA – The City of Chino Hills encourages all residents, businesses, and government organizations to participate in the Great California ShakeOut on Thursday, October 19th at 10:19 a.m.

The Great California ShakeOut is a one-minute drill to practice the action of Drop, Cover, and Hold On in the event of a major earthquake. At that moment, participants will join millions of Californians in learning what to do before, during, and after an earthquake.

There are three parts to the drill:

- DROP where you are, onto your hands and knees.
 - o This position protects you from being knocked down.
 - o This position allows you to stay low and crawl to shelter if it is nearby.
- COVER your head and neck with one arm and one hand.
 - o If a sturdy table or desk is nearby, crawl underneath it for shelter.
 - o If no shelter is nearby, crawl next to an interior wall (away from windows).
 - o Stay on your knees; bend over to protect vital organs.
- HOLD ON until shaking stops. Be prepared for aftershocks.
 - Under shelter: hold on to shelter with on hand; be ready to move with your shelter if it shifts.
 - o No shelter: hold on to your head and neck with both arms and hands.

Anyone can participate, from a single individual at their home to a major organization with hundreds of employees. Participants can sign up at www.shakeout.org/register to be counted in the ShakeOut drill, get email updates and more.