

CITY OF CHINO HILLS

PRESS RELEASE



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Contact: Denise Cattern
(909) 364-2615

Valerie McClung
(909) 364-2618

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HEALTH & WELLNESS FAIR FOR ALL AGES SEPTEMBER 26th

Save the date for the City of Chino Hills' Health and Wellness Fair for all ages from 10:00 a.m. to 1:00 p.m. on Saturday, September 26th at the Chino Hills Community Center, 14250 Peyton Drive. Nearly 30 vendors have been confirmed and will share information on products and services that promote a healthy lifestyle. Activities, demonstrations, and vendors will be stationed both inside the building and outdoors. The City's Mobile Recreation Van will be on site providing free games and activities for children. Recreation staff will be providing free Wii Zumba demonstrations throughout the day at the Mobile Recreation Van.

Instructors from the City's recreation programs will provide class demonstrations to show residents how they can have fun and move more by participating in various classes. A schedule of demonstrations and seminars will be publicized prior to the event. Information about fitness, nutritional guidance, healthcare services and insurance, aging well, financial health, and more will be available. Several vendors will be providing free health screenings and giveaways at the event. Albertsons and Vons pharmacies will be at the event offering flu shots for people who are covered by health insurance, while supplies last. Interested participants should be prepared to verify insurance coverage. For additional information please call (909) 364-2731.

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Confirmed Vendor List:

Do Terra Essential Oils
Dee Dee Kaplan – Recreation Dance instructor
Bill Bush – Recreation Tennis instructor
Royalty Surgery Centers
PKE Books
Kangen water
Lettuce Toss It
United HealthCare
Nutrishop Chino Hills
Central Care Physical Therapy
Inter Valley Health Plan
Albertsons/Vons pharmacies
El Sol Neighborhood Education Center
CVUSD/Tube
NAMI (National Alliance of Mental Illness)
Chino Hills Police Department
Chino Valley Fire District
Chino Hills Healthy Hills Steering Committee
Chino Hills Fit Body Boot Camp
Pine Smiles Orthodontics and Pediatric Dentistry
Rose Hills Memorial Park and Mortuary
West Valley Vector Control
Community Senior Services
LiveWell Therapy
Western University of Health Sciences
Azendea
Oakmont of Chino Hills
Family Service Association – Mobile Fresh